

Order a Fitness Device - Stay Connected!

Up to a \$100 Value!

Research shows individuals are more likely to achieve their health goals when they become aware of their habits by tracking their activity. That's why HealthTrust is offering Slice of Life participants up to \$100* toward the cost of a free fitness tracker (such as a Fitbit or Garmin) or smart scale with no paper forms to submit! Your medically covered Employees, Retirees and spouses can just log in to their secure account at www.healthtrustnh.org, click on the "Onlife Health" button and then click on the tile that says "Order a Fitness Device" and simply follow the prompts to choose and order their device.

The next step? Once participants receive their fitness tracker or smart scale in the mail, they can connect it to their Onlife Health account and start earning Personal Wellness Journey rewards by automatically tracking their steps or body weight. Connecting a device is easy. Participants can log in to their secure account at www.healthtrustnh.org, click the Onlife Health button, then click on the blue journey card that says, "Connect a Fitness Device, Smart Scale or App."

**For more expensive devices, \$100 will be deducted from the cost and participants will need to provide a credit card to pay for the balance. Devices under \$100 will be covered in full, but participants will not receive "money back" if they choose a device that costs less than \$100.*