

COVID-19 Screening Guidance

A Roadmap for ConVal School District Students and Employees

Students - contact Nurse / Attendance
Staff - contact Principal & HR

My child or I (staff members) have developed new or unexplained symptoms of COVID-19

DO NOT come to school / work
Contact PCP for further guidance

TESTED

NOT TESTED

NEGATIVE

POSITIVE

May return to school / work when:
*symptoms improve AND
*fever-free (off fever reducing medication) for at least 24 hours

Person must self-isolate at home until:
*at least 10 days have passed since symptoms first started AND *at least 24 hours have passed since last fever (off fever-reducing medicines) AND *symptoms have improved

If person tests POSITIVE, follow instructions.

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My child or a household contact is home with symptoms and is being tested for COVID

If staff is vaccinated, come to work and wear a mask in all indoor public places until test result received.

If staff is unvaccinated, stay home until test result received. If NEGATIVE, return to work.

If person tests POSITIVE, follow instructions.

Students - contact Nurse / Attendance
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My child or I (staff members) have had close contact with someone diagnosed with COVID-19 in the prior 10 days ("close contact" is being within 6ft of the person for a total of 15 minutes or more within 24 hrs of symptom onset or test date if asymptomatic)

Close household contacts of someone diagnosed with COVID-19 are NOT required to quarantine if they ARE fully vaccinated; however, in accordance with CDC guidance for people who are fully vaccinated, such persons are recommended to get tested 3-5 days following their exposure, and wear a facemask in indoor public settings for 14 days, or until they receive a negative test result

Close household contacts of someone diagnosed with COVID-19 ARE required to quarantine for 10 days if they are NOT fully vaccinated

Non-household contacts should contact their PCP, self-observe and monitor for symptoms

If an infectious household member is unable to isolate away from others, those UNVACCINATED within the household will need to isolate with that person for 10 days, then self-quarantine for 10 more days after the isolation for illness ends.
(10 days self-isolation + 10 days self-quarantine = 20 days total)

Self-Quarantine: Applies to people who have been potentially exposed

Self-Isolation: Applies to people who are sick

****UNVACCINATED students / staff CANNOT test out of 10 day travel or close household contact quarantine with a negative COVID-19 test****