

# Home Visiting

Family supports for the eastern Monadnock Region  
of New Hampshire



Home visiting is one on one support for caregivers, based on the needs and priorities of the family.

Families with children of all ages (prenatal to 18) are welcome to participate.

Home visiting services are offered at *no cost* to families.

A home visitor meets with caregivers in their home or in community settings to:

- Discuss their wants and hopes for their family
- Connect families to community and financial resources
- Support parenting practices
- Share ideas and problem solve
- Provide strategies for managing challenging behaviors
- Assist caregivers in their parenting journey

To access home visiting, parenting events, or other supports and services, please contact your local family resource center.

## The Grapevine Family & Community Resource Center

**Phone:** 603-588-2620

**Website:** [grapevინeh.org](http://grapevინeh.org)

**Towns served:** Antrim, Hillsborough, & surrounding towns

**Specialty services:**

- Home visiting that focuses on community resources, behavior support, & parenting challenges
- Parent/caregiver support, child playgroups and family events
- Grandfamilies/kinship support

## Healthy Starts at HCS

**Phone:** 603-352-2253

**Website:** [hcsservices.org/services/healthy-starts](http://hcsservices.org/services/healthy-starts)

**Towns served:** All towns throughout the Monadnock Region

**Specialty services:**

- Home visiting that focuses on accessing community resources, managing family stress, & parenting challenges
- Grandfamilies/kinship support
- Nurses to support the prenatal and postpartum journey; as well as support for children with chronic or acute illnesses

## The River Center

**Phone:** 603-924-6800

**Website:** [rivercenternh.org](http://rivercenternh.org)

**Towns served:** Peterborough, Jaffrey, & surrounding towns

**Specialty services:**

- Home visiting that focuses on community resources, parenting challenges, & behavior supports
- Parent/caregiver support, child playgroups and family events
- Grandfamilies/kinship support